

The R.U.T.H. Letter

Redeemed Unto Truth and Holiness

March 2007

Now may the God who gives perseverance and encouragement grant you to be of the same mind with one another according to Christ Jesus. Romans 15:5



Mission Statement: The Women's Ministry of Living Way Church is dedicated to the building up of one another in unity in accordance to the Word of God. Our goal is to seek out the knowledge of our Lord in order to positively affect our families, support our pastors, and reach out to our community, all to the glory of God. We are committed to obedience to our Lord in teaching His Word, unceasing prayer, submitting to those He puts in authority, and to loving our neighbors.

Upcoming Events & Announcements

Women's Retreat Is Quickly Approaching



Our 2007 Women's Retreat is just around the corner — **Friday, March 23 — Sunday, March 25.** There is more information in the current brochure. A \$25 nonrefundable deposit is due with registration, and the remainder is due on **March 11.** The Retreat theme is II Peter 1:3-8. There will

be 8 speakers, all from Living Way Church.

Unfortunately, the cost has increased, but it was unavoidable. A single room is \$290; a double room is \$170; a triple room is \$140; and a quad is \$125. For information you may contact Diane Hickox at (858) 484-8065.

Triple the Fun

Diane Hickox is reserving a minimum of 12 tickets to see **Triple Espresso** on **Saturday, April 14 at 5 p.m.** Tickets are \$32.50 each and she needs the money from you no later than March 23. Sounds like a blast!!! Contact her at (858) 484-8065.



Annual Ladies Tea

Our 2007 Annual Ladies Tea will be **Saturday, May 12, at 11:30 a.m. to 3 p.m.,** and once again will be at the Penasquitos Lutheran Church. We apologize for the time change, but it was unavoidable because they have an evening service there now. Please see Diane Hickox if you would like to host a table.



Scrapbookers Unite!

If you have been wanting to begin, or catch up on your scrapbooking, we will once again be meeting on **Saturday, March 24,** for those of you who are at the Women's Retreat. However, we'll be meeting again on **Saturday, March 31 from 9 a.m. to 3 p.m.** at the church. This is our time of gathering together to work on our projects and enjoy one another's company, and maybe get some ideas from each other. If you have questions, feel free to call Daphne Cortese at (858) 486-5334.



“Getting to know you, getting to know all about you.”

Getting to know two ladies at Living Way Church



Meredith Reynard

Meredith has been in the San Diego County area since 1984, but began attending LWC in Sept. 2006 when she moved to Poway. Not only does she love Poway, but she loves LWC and has so since day 1. She

has never felt more welcomed and drawn in at any church before and says that this body is the best example she has seen of healthy, mature and on-fire believers, coupled with fantastic teachers of the Word and freedom in worship.

Meredith lives with her 16 year old daughter, Michelle, who comes to LWC Youth Group every Saturday; and her 11 year old Schnauzer, Bobby (her fur-child!)

Meredith worked in the Sheriff’s Department as a dispatcher for 9 years at the communication center in Kearney Mesa. She is a medical retiree and enjoying it. It allowed her to become a stay-at-home mom, and also become more involved in her disabled best friends’ life.

Meredith accepted the Lord in 1985 after her office manager witnessed to her many times and then gave her a track to read. She said the “sinners prayer” at home, by herself and looking back, started hungering after the word immediately. Her time as a baby Christian was the most joyous time of her life, as she made great friends, wonderful worship and new perspectives on life by reading scripture. She feels so blessed that the passion for the Lord combined with the knowledge she has gained over the years of trials and testing, has made her more in love with the Lord. He is faithful to complete His work-in-progress in her.

In her spare time Meredith enjoys sewing, cooking, traveling (when she can) and studying the Word (of course). She will be a chaperone this summer when her daughter is traveling with the San Diego Children’s Choir in Switzerland and France.

Meredith’s favorite scripture is Psalm 1:1-3:
Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

Be sure to give Meredith a healthy warm hello when you see her.



Sara Rizzo

Sara has been coming to Living Way Church for about 11 years, when she began attending youth group with her brothers Daniel and Jonathan. Then about 6 years ago the entire family, including her parents

Dan and Teresa Rizzo and brother Alex, now 7, along with Daniel and Jonathan, began attending the church permanently.

Since Sara has been attending LWC, she has been involved in many different things: helping in the nursery, teaching Sunday school to 4th and 5th graders. She was quite active in women’s ministry, serving on the panel for the Friday night festivities, which included planning the activities, helping to prepare the food, getting the games together and purchasing the prizes.

Sara received her degree in teaching in 2003 from Christian Heritage College in El Cajon. She is currently teaching 4th grade at Horizon Elementary, where she has 23 students and she loves it very much. She plans on completing her master’s degree soon.

In 2004 Sara went to Malawi, Africa, to do mission work for a semester. While she was there she taught 2nd grade. It was a highlight of her life and she would love to go back.

When she is not grading papers, she likes to scrapbook. She likes to hang out with her boyfriend, Gabe, especially when they go to movies and theatre. Sara also loves to draw.

Sara is looking forward to being one of the guest speakers at this year’s Women’s Retreat. Her favorite scripture is Titus 3:5, *he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit.*

Be sure to give a “high five” to Sara when you see her and tell her you’re looking forward to hearing her speak at the Retreat!

Health Ministry News — Hello from Betsy !

INFANTS AND COUGH MEDICINE

The Centers for Disease Control and Prevention (CDC) issued a Morbidity and Mortality Weekly Report (MMWR) article describing three deaths in US infants aged less than 12 months associated with cough and cold medications. These medications were determined by medical examiners or coroners to be the underlying cause of death. The cases described in this report underscore the need for clinicians to use caution when prescribing and caregivers to use caution when administering cough and cold medications to children aged less than 2 years. Read the complete MedWatch 2007 Safety summary, including a link to the MMWR article, at:

<http://www.fda.gov/medwatch/safety/2007/safety07.htm#coughcold>

New N.O.A.H. Group Started Up—Swap & Talk



If you like to read and have books just sitting around your home that you've already read, you will enjoy this N.O.A.H. group. Join us on the first Thursday of every month at the home of Kevin and Ann Clegg. Bring along any books you have already read and exchange them with books brought by other readers. If you have any questions, contact Ann Clegg at (858) 679-7579 or Cheryl Comer at (760) 480-0719. We hope to see you there.

Let's Play Bunko



Join us for our next Bunko, **Monday, March 26 at 7 p.m.** where it's happenin', gals. There will be sign-ups on Sundays at church in March. Or you can call Renee Robinson or Lisa Parry. Renee can be contacted at (858) 231-0177, or email her at naenae1@cox.net. Lisa be reached at (858) 672-2021, or email her at lparryhr@yahoo.com. So put on your lucky t-shirt, shoes, or whatever, and get on over to the East Room at the church!

Who's Who in Women's Ministry

Coordinator

Diane Hickox (858) 484-8065

Church Socials

Liz Charos (760) 443-3444

Baby and Bridal Showers

Amy Juarez (858) 254-8120

Meals

Amy Juarez (858) 254-8120

Newsletter

Kathi Aubry (858) 748-0477

Nursery

Lisa Dela Cruz (858) 382-5618

Women's Bible Studies

Diantha Simila (858) 487-0680

Prayer Ministry

Theresa Bunnell (858) 672-1511